



Organizer:  
Working Group on Obesity, Diabetes and the High Risk Patient  
EUROPEAN SOCIETY OF HYPERTENSION



# 2019 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient

## EUROPEAN SOCIETY OF HYPERTENSION

02-05 May 2019 - Chalkidiki, Greece  
Blue Lagoon Princess Hotel

For further information please visit  
Site: [www.obesitydiabeteswg.eu](http://www.obesitydiabeteswg.eu)  
Or send an e-mail to: [obdiabwg@medcongress.gr](mailto:obdiabwg@medcongress.gr)



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Dear friends,

We welcome you to the 2019 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient of the European Society of Hypertension, in Chalkidiki, Greece.

Chalkidiki is the perfect place to get together, explore the new horizons in our specialty, and expand our knowledge. Every year we ask ourselves 'Can we make it better?', and we believe that this year we have reached new heights. In addition to the usual suspects, we have recruited in the organizing team new blood. Specialists in Obesity, Diabetes and Hypertension, will present up to-date knowledge about diagnosis – prevention and treatment.

We shall be able to convey new and established fact, but, above all, a way of approaching clinical problems which will allow all of us to come back from this experience enriched. There will be also round tables and various interesting lectures. Everyone who will participate, will get 1 out of 6 credits so they can claim to become specialists in hypertension from the ESH.

Take the opportunity to participate in 2019 Meeting of the Working Group on Obesity, Diabetes and the High-Risk Patient of the European Society of Hypertension, discuss with experts in a friendly environment and enjoy the Greek Nature in a beautiful seaside setting.

Best regards,

**Prof. VASILIOS KOTSIS**

Chairman of the Working Group on Obesity,  
Diabetes and the High Risk Patient of the European Society of Hypertension

## THURSDAY MAY 2

10.00-12.00 REGISTRATIONS

12.00-13.00 ROUND TABLE

Chairman: *Kotsis V.* (Thessaloniki, Greece)

**A new score to measure early vascular ageing from ABPM**

*Antza C.* (Thessaloniki, Greece)

**Mechanisms of blood pressure reduction with sodium-glucose co-transporter 2 (SGLT2) inhibitors**

*Filippatos T.* (Heraklion Crete, Greece)

Commentators: *Tentzeris I.* (Greece), *Mantelos D.* (Tripolis, Greece)

13.00-14:00 CLINICAL TRIALS UPDATE

Chairman: *Douma S.* (Thessaloniki, Greece)

**From individual to global risk factors-beyond hypertension**

*Lovic D.* (Nis, Serbia)

**Lipids and lipoproteins in obesity and fatty liver disease: Novel in sights and future perspectives**

*Kypreos K.* (Patra, Greece)

14:00-15:00 LUNCH BREAK

15.00-17.30 LECTURES

Chairman: *Kotsis V.* (Thessaloniki, Greece)

**Association between obesity and chronic kidney disease**

*Jelaković B.* (Zagreb, Croatia)

**Statin associated diabetes mellitus**

*Athyros V.* (Thessaloniki, Greece)

**Space research and new knowledge in cardiovascular diseases**

*Jordan J.* (Germany)

Commentator: *Kakaletsis N.* (Serres, Greece)

17:30-18:00 ΘΕΡΑΠΕΥΤΙΚΑ ΠΡΩΤΟΚΟΛΛΑ ΣΤΑΤΙΝΩΝ, ΕΦΑΡΜΟΓΗ ΣΤΗΝ ΠΡΑΞΗ

Προεδρείο: *Δούμας Μ.* (Θεσσαλονίκη)

Ομιλητής: *Φιλιππάτος Θ.* (Ηράκλειο Κρήτης)

## FRIDAY MAY 3

### 09.00-10.00 ANTIHYPERTENSIVE TREATMENT

Chairman: *Kotsis V.* (Thessaloniki, Greece)

#### Refractory hypertension: diagnosis and treatment

*Redon J.* (Valencia, Spain)

#### Drug combinations in the treatment of hypertension

*Kotsis V.* (Thessaloniki, Greece)

#### Early life programming and hypertension in adult life

*Lurbe E.* (Valencia, Spain)

Commentators: *Dimopoulos C.* (Thessaloniki, Greece)

*Katsi V.* (Athens, Greece)

### 10:00-12.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: *Papazoglou D.* (Alexandroupolis, Greece)

#### Optimal treatment of gestational diabetes mellitus

*Goulis D.* (Thessaloniki, Greece)

#### Diabetes treatment in patients with chronic kidney disease

*Tsapas A.* (Thessaloniki, Greece)

#### ESH WG on obesity Practice Guidelines for the management of obesity and diabetes

*Nilsson P.* (Malmo, Sweden)

#### Which should be the second drug after metformin in T2D mellitus (DDP 4, SGLT- 2 or GLP1)?

*Papanas N.* (Alexandroupolis, Greece)

#### Studies of drugs for type2 diabetes that influence cardiovascular risk

*Hatziagelaki E.* (Athens, Greece)

#### Anemia: a challenging therapeutic target in diabetic patients

*Kaiafa G.* (Thessaloniki, Greece)

Commentators: *Skoutas D.* (Thessaloniki, Greece), *Anagnostis P.*

(Thessaloniki, Greece), *Siani A.* (Thessaloniki, Greece)

### 12.00-13:00 SATELLITE LECTURE ASTRAZENECA: ΜΕΛΕΤΗ DECLARE.

#### Η ΑΞΙΑ ΓΙΑ ΤΟΝ ΚΑΘΗΜΕΡΙΝΟ ΜΑΣ ΑΣΘΕΝΗ




Προεδρείο: *Κώτσης Β.* (Θεσσαλονίκη)

#### Εξερευνώντας την γνώση των αποτελεσμάτων της μελέτης DECLARE

*Χατζηαγγελάκη Ε.* (Αθήνα)

**Καρδιακή ανεπάρκεια. Ο κρυφός παράγοντας κινδύνου των διαβητικών ασθενών. Αποτελέσματα της μελέτης DECLARE**  
*Τσιούφης Κ.* (Αθήνα)

13.00-14:00 **SATELLITE LECTURE ELPEN: Ο ΡΟΛΟΣ ΤΗΣ ΥΠΟΛΙΠΙΔΑΙΜΙΚΗΣ ΑΓΩΓΗΣ ΣΤΗΝ ΧΡΟΝΙΑ ΝΕΦΡΙΚΗ ΝΟΣΟ**  
  
Προεδρείο: *Κώτσης Β.* (Θεσσαλονίκη)  
Ομιλητής: *Βλαχάκος Δ.* (Αθήνα)

14.00-15.00 **LUNCH BREAK**

15:00-16:00 **ROUND TABLE: SMOKING, OBESITY**  
Chairman: *Savopoulos C.* (Thessaloniki, Greece)

**Chronic Bronchitis, smoking and CV disease. Is there a connection?**  
*Kontakiotis T.* (Thessaloniki, Greece)

**Management of sleep apnea induced hypertension**  
*Pataka A.* (Thessaloniki, Greece)

Commentators: *Zervos N.* (Grevena, Greece), *Apostolopoulou M.* (Thessaloniki, Greece)

16.00-17.00 **ROUND TABLE: HOW TO TREAT?**  
Chairmen: *Milionis H.* (Ioannina, Greece), *Zafeiriou D.* (Thessaloniki, Greece)


**A 70 years old hypertensive patient after acute stroke**  
*Makaritsis K.* (Larissa, Greece)

**A patient with hypertension and vascular dementia**  
*Milionis H.* (Ioannina, Greece)

**Effect of hypertension on the brain in childhood**  
*Stabouli S.* (Thessaloniki, Greece)

Commentator: *Ntaios G.* (Larissa, Greece), *Zerakis N.* (Thessaloniki, Greece)

17.00-17.30 **2019 GUIDELINES FOR THE MANAGEMENT OF HYPERTENSION**  
Chairman: *Zebekakis P.* (Thessaloniki, Greece)  
Lecturer: *Manolis A.* (Greece)

17.30-18.30 **SATELLITE INTERACTIVE SYMPOSIUM MSD: ΤΟ ΤΑΞΙΔΙ ΤΟΥ ΑΣΘΕΝΗ ΜΕΤΑ ΤΟ ΚΑΡΔΙΑΓΓΕΙΑΚΟ ΕΠΕΙΣΟΔΙΟ - Η ΑΞΙΑ ΤΗΣ ΣΥΜΜΟΡΦΩΣΗΣ ΣΤΗΝ ΑΓΩΓΗ ΣΕ ΑΣΘΕΝΕΙΣ ΜΕ ΔΥΣΛΙΠΙΔΑΙΜΙΑ**  
  
Προεδρείο: *Κώτσης Β.* (Θεσσαλονίκη)  
Ομιλητές: *Νινιός Β.* (Θεσσαλονίκη), *Γιαννακούλας Γ.* (Θεσσαλονίκη)

## SATURDAY MAY 4

09.00-10.00 **ROUND TABLE: HOW TO TREAT OBESITY INDUCED LIVER DISEASE**  
Chairman: *Dalekos G.* (Larissa, Greece)

**A patient with obesity, diabetes and elevated transaminase**  
*Micic D.* (Belgrade, Serbia)

**A patient with obesity, NFLD and dyslipidemia**  
*Mikhailidis D.* (London, UK & Thessaloniki, Greece)

Commentators: *Poikilidou M.* (Thessaloniki, Greece), *Markoglou N.* (Thessaloniki, Greece)

10.00-11.00 **ROUND TABLE: HOW TO TREAT ATRIAL FIBRILLATION**  
Chairman: *Karvounis C.* (Thessaloniki, Greece)

**The role of neutrophils in thrombosis** *Skendros P.* (Alexandroupolis, Greece)

**Effectiveness and safety of oral anticoagulants in elderly patients with non-valvular atrial fibrillation** *Tselepis A.* (Ioannina, Greece)

**Differences between NOACS** *Doundoulakis I.* (Thessaloniki, Greece)

Commentator: *Lixouriotis C.* (Distomo, Greece)

11.00-12.00 **ROUND TABLE: HOW TO TREAT HYPERTENSION**  
Chairman: *Kotsis V.* (Thessaloniki, Greece), *Hatzitolios A.* (Thessaloniki, Greece)

**A patient with masked uncontrolled hypertension**  
*Bilo G.* (Milan, Italy)

**A 40 years old patient with pregnancy and hypertension**  
*Cifková R.* (Czech-Republic)

**Renal denervation. Where new studies are driving to?**  
*Tsioufis K.* (Athens, Greece)

Commentator: *Dimitriadis K.* (Athens, Greece)

12.00-13:00 **SATELLITE SYMPOSIUM BOEHRINGER INGELHEIM: ΜΕΙΩΣΗ ΤΗΣ ΚΑΡΔΙΑΓΓΕΙΑΚΗΣ ΘΝΗΣΙΜΟΤΗΤΑΣ ΚΑΙ ΒΕΛΤΙΩΣΗ ΤΩΝ ΚΑΡΔΙΑΓΓΕΙΑΚΩΝ ΕΚΒΑΣΕΩΝ ΣΤΟ ΔΙΑΒΗΤΗ ΤΥΠΟΥ 2, ΜΙΑ ΘΕΡΑΠΕΥΤΙΚΗ ΥΠΟΧΡΕΩΣΗ ΠΙΟ ΣΥΓΧΡΟΝΗ ΑΠΟ ΠΟΤΕ. ΑΝΑΛΥΟΝΤΑΣ ΤΑ ΚΛΙΝΙΚΑ ΟΦΕΛΗ ΤΗΣ ΕΜΠΑΓΛΙΦΛΟΖΙΝΗΣ**  
Προεδρείο: *Κώτσης Β.* (Θεσσαλονίκη, Ελλάδα)  
Ομιλητής: *Παπανάς Ν.* (Αλεξανδρούπολη, Ελλάδα)



13.00-14:00



**SATELLITE WORKSHOP VIANEX: ΑΝΑΓΝΩΡΙΖΟΝΤΑΣ ΤΟΝ ΚΙΝΔΥΝΟ ΠΟΥ ΕΛΛΟΧΕΥΕΙ ΣΕ ΑΣΘΕΝΕΙΣ ΥΨΗΛΟΥ ΚΑΡΔΙΑΓΓΕΙΑΚΟΥ ΚΙΝΔΥΝΟΥ - Ο ΡΟΛΟΣ ΤΗΣ ΔΥΣΛΙΠΙΔΑΙΜΙΑΣ**

Προεδρείο: **Κώτσης Β.** (Θεσσαλονίκη)

**Ασθενής με Σακχαρώδη Διαβήτη Τ2 και Δυσλιπιδαιμία**  
**Κώτσης Β.** (Θεσσαλονίκη)

**Ασθενής με πολλαπλούς παράγοντες Καρδιαγγειακού Κινδύνου**  
**Παπαδόπουλος Χ.** (Θεσσαλονίκη)

**Ασθενής >75 ετών με δυσλιπιδαιμία** **Σαββόπουλος Χ.** (Θεσσαλονίκη)

14.00-15.00

**LUNCH BREAK**

15.00-16.00

**ROUND TABLE: HOW TO TREAT?**

Chairman: **Athyros V.** (Thessaloniki, Greece)

**A 70 years old patient with Type 2 diabetes and hyperlipidemia**  
**Trakatelli C.** (Thessaloniki, Greece)

**A patient with statin intolerance** **Katsiki N.** (Thessaloniki, Greece)

**A patient with secondary hypertension**  
**Gkaliagkousi E.** (Thessaloniki, Greece)

**A patient with atrial fibrillation and previous bleeding**  
**Kreutz R.** (Berlin, Germany)

16.00-17.00

**ROUND TABLE HYPERTENSIVE AND DIABETES NEPHROPATHY**

Chairman: **Stefanidis I.** (Larissa, Greece)

**Cardio-renal syndrome** **Vlachakos D.** (Athens, Greece)

**Obesity and kidney disease** **Doumas M.** (Thessaloniki, Greece)

Commentators: **Panagos Ch.** (Volos, Greece), **Miari F.** (Kavala, Greece)

17.00-18.00

**MEDICINE IN REAL LIFE** (Greek session)

**Pharma industries and the future of the socioeconomic status in Greece** **Pappas A.** (Athens, Greece)

**Education of patients in the prevention of the cardiovascular disease: Discussion for the role of press**  
**Kotsis V.** (Thessaloniki, Greece), **Karagiannis A.** (Thessaloniki, Greece)  
Discussion: **Litou M., Fotopoulou A., Varvara F.,** Journalists (Greece)

21:00

**CLOSING CEREMONY**

## FACULTY

- **Dr. Anagnostis Panagiotis**, PhD, MSc, FRSPH, Endocrinologist, Division of Endocrinology, Police Medical Centre of Thessaloniki, Research Fellow, Unit of Reproductive Endocrinology, First Department of Obstetrics and Gynecology, Medical School, Aristotle University of Thessaloniki, (Greece)
- **Dr. Antza Christina**, MD, MSc(Res), PhD, Resident at 3rd Department of Internal Medicine, Papageorgiou Hospital, Aristotle University of Thessaloniki, (Greece)
- **Dr. Apostolopoulou Martha**, Internal Medicine Consultant, Internal Medicine Department, Agios Pavlos General Hospital of Thessaloniki, Scientific Associate, 1st Propaedeutic Internal Medicine Department, AHEPA Hospital of Thessaloniki (Greece)
- **Prof. Athyros Vasilios G.**, MD, Professor in Internal Medicine
- **Prof. Bilo Grzegorz**, MD, PhD, Associate Professor, Department of Medicine and Surgery, University of Milano-Bicocca and Istituto Auxologico Italiano, IRCCS (Milan, Italy)
- **Prof. Cifková Renata**, Secretary, ESH Educational Activities Committee
- **Prof. Dalekos George**, MD, PhD, Professor of Medicine, Vice President, Institute of Internal Medicine and Hepatology, Head Department of Medicine and Research Laboratory of Internal Medicine, University Hospital of Larissa, Larissa, (Greece)
- **Dr. Dimitriadis Kyriakos**, Consultant Cardiologist, Cardiology Department Hippokraton Hospital (Athens, Greece)
- **Dr. Dimopoulos Charilaos**, Pathologist, Department of Internal Medicine, St Luke's hospital, (Thessaloniki, Greece)
- **Dr. Doundoulakis Ioannis**, MD, MSc(Res), Research assistant at 1st Cardiology Department of AHEPA, Resident doctor at Cardiology Department of 424 General Military Hospital of Thessaloniki (Greece)
- **Prof. Douma Stella**, Professor of Internal Medicine of Aristotle University of Thessaloniki, Director of 3rd Department of Internal Medicine, Papageorgiou Hospital
- **Prof. Doulas Michael**, Associate Professor, Internal Medicine Aristotle University, (Thessaloniki, Greece)
- **Prof. Filippatos Theodosios**, MD, MSc, PhD, Assistant Professor of Internal Medicine, Department of Internal Medicine, University Hospital of Heraklion, (Greece)
- **Prof. Giannakoulas Georgios**, Assistant Professor of Cardiology AUTH, 1st University Cardiology Clinic, AHEPA Hospital, (Thessaloniki, Greece)
- **Prof. Gkaliagkousi Eugenia**, PhD King's College of London, Assistant Professor in Internal Medicine, Aristotle University of Thessaloniki, (Greece)
- **Prof. Goulis G. Dimitrios**, MD, PhD, Associate Professor in Reproductive Endocrinology, Medical School, Aristotle University of Thessaloniki, Unit of Reproductive Endocrinology, First Department of Obstetrics & Gynecology, Papageorgiou General Hospital, (Thessaloniki, Greece)



## 2019 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient

- Prof. **Hatziagelaki Erifili**, Associate Professor of Internal Medicine & Metabolic Diseases, 2nd Dept. of Internal Medicine, Research Institute & Diabetes Center, University Hospital "Attikon", Medical School, National and Kapodistrian University of Athens, (Greece)
- Prof. **Hatzitolios Apostolos I.**, MD, PhD, FESH, Professor of Internal Medicine, Head of First Propedeutic Department of Internal Medicine, AHEPA Hospital, Medical School, Aristotle University of Thessaloniki, Vice-president of Internal Medicine Society of Greece, Vice-president of Hellenic Professional Union of Internists, (Thessaloniki, Greece)
- Prof. **Jelakovic Bojan**, Department of Nephrology, Hypertension, Dialysis and Transplantation, School of Medicine University of Zagreb, Officer-at-large, European Society of Hypertension Excellence Centres Programme, (Zagreb, Croatia)
- Prof. **Kaiafa Georgia**, Assistant Professor of Hematology, 1st Propedeutic Dept. of Internal Medicine, Aristotle University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)
- Prof. **Karagiannis Asterios**, Professor of Internal Medicine, Head of the 2nd Propedeutic Department of Internal Medicine, President of the Medical School, Aristotle University of Thessaloniki, (Greece)
- Dr. **Kakaletsis Nikolaos**, Internist MD, MSc, PhD Candidate Medical School, Aristotle University of Thessaloniki
- Prof. **Karvounis Charalampos**, Professor of Cardiology, First Cardiology Department, AHEPA Hospital, Aristotle University, Thessaloniki (Greece)
- Dr. **Katsi Vasiliki**, Cardiologist, MD PhD, ESH Specialist Hippocratio Athens Hospital (Athens, Greece)
- Dr. **Katsiki Niki**, MSc, PhD, MD, FRSPH, Member of the Executive Board of the Hellenic Atherosclerosis Society, Academic Fellow, Lipids and Obesity Outpatient Clinic, Diabetes Center, Division of Endocrinology and Metabolism, First Department of Internal Medicine, AHEPA University Hospital, Aristotle University, Thessaloniki, Greece
- Prof. **Kontakiotis Theodoros**, Professor of Pulmonology, Aristotle University of Thessaloniki, Head of the Pulmonary-Tuberculosis Department "G. Papanikolaou" General Hospital, (Thessaloniki, Greece)
- Prof. Dr. **Kreutz Reinhold**, Institute of Clinical Pharmacology and Toxicology, Charité - University Medicine Berlin, Secretary of European Society of Hypertension, (Berlin, Germany)
- Prof. **Kypreos Kyriakos**, Professor of Pharmacology, Chairman of Pharmacology Laboratory, University of Patras, School of Health Sciences, Department of Medicine, Pharmacology Laboratory Panepistimioupolis, (Patra, Greece)
- Dr. **Lixouriotis Charalampos**, General Doctor, (Distomo, Greece)
- Prof. **Lovic Dragan**, FESC, FACP, Clinic for Internal disease Intermedica, Cardiology department, Hypertensive Centre (Nis, Serbia)
- Prof. **Lurbe Empar**, EMD PhD FAHA, Head of Pediatrics, University General Hospital Consortium of Valencia, University of Valencia, CIBEROBn, Carlos III Health Institute, Vice President of European Society of Hypertension, (Valencia, Spain)
- Prof. **Makaritsis Konstantinos P.**, MD, PhD, Associate Professor of Internal Medicine, University of Thessaly Medical School Department of Medicine, University Hospital of Larissa, (Larissa, Greece)

- **Dr. Mantelos Dionysios**, MD, PhD Physician, Internal Medicine Specialist Educated in primary prevention and therapy of cardiometabolic disease. Member of Hellenic Atherosclerosis Society (Tripolis, Arcadia Greece)
- **Prof. Manolis J. Athanasios**, Director, Department of Cardiology, "Asklepeion" General Hospital, Athens, (Greece)
- **Dr. Miari Foteini**, Consultant Nephrologist at Nephrology Department and Dialysis Unit, Kavala Hospital, (Greece)
- **Prof. Mikhailidis Dimitrios**, BSc, MSc, MD, FCPP, FCP, FRSPH, FFPM, FRCP, FRCPath, Department of Clinical Biochemistry, Royal Free Hospital Campus, University College London Medical School, University College London (UCL), Pond Street, (London, UK)
- **Academician Prof. Micic Dragan**, Secretary, Department of Medical Sciences, Serbian Academy of Science and Arts, (Belgrade, Serbia)
- **Prof. Milionis Haralampos**, MD, PhD, Professor of Internal Medicine School of Medicine, University of Ioannina, (Greece)
- **Prof. Nilsson M. Peter**, Lund University, (Malmö, Sweden)
- **Dr. Ninios Vlasios**, Interventional Cardiologist, Director of the 2nd Cardiology Clinic, Medical Inter-Balkan Center of Thessaloniki, (Greece)
- **Prof. Ntaios Georgios**, Assistant Professor of Internal Medicine, Department of Internal Medicine, University of Thessaly. Secretary General, Hellenic Stroke Organization. (Greece)
- **Dr. Panagos Christos**, MD member of ESH, (Volos, Greece)
- **Prof. Papadopoulos Christos**, Assistant Professor of Cardiology, Aristotle University (Thessaloniki, Greece)
- **Prof. Papanas Nikolaos**, Professor in Internal Medicine-Diabetes mellitus, Head Diabetes Centre-Diabetic Foot Clinic, Second Department of Internal Medicine, Democritus University of Thrace, Vice President Diabetic Foot Study Group (DFSG), (Greece)
- **Pappas Apostolos**, Biologist, BSc., Marketing Manager Cardiovascular/Metabolics, ELPEN Pharmaceuticals Inc
- **Prof. Papazoglou Dimitrios**, Professor of Internal Medicine, Medical School, Democritus University of Thrace, Director of Second Department of Internal Medicine, University Hospital of Alexandroupolis, (Greece)
- **Prof. Pataka Athanasia**, Assistant Professor of Respiratory Medicine, Aristotle University of Thessaloniki, Respiratory Failure Unit, G. Papanikolaou Hospital, Thessaloniki, (Greece)
- **Dr. Poikilidou Maria**, Internal Medicine (Thessaloniki, Greece)
- **Prof. Redon Jose**, University Clinic Hospital of Valencia, University of Valencia, CIBEROBN, Carlos III Health Institute (Valencia, Spain)

## 2019 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient

• **Prof. Savopoulos Christos G.**, Professor of Internal Medicine, 1st Medical Propedeutic Department of Internal Medicine, Stroke Unit, Aristotles University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)

• **Dr. Siani Alexandra, MD, M.Sc.**, Director of Department of Internal Medicine and Diabetic Clinic, General Hospital of Athens "Elpis", (Athens, Greece)

**Prof. Stefanidis Ioannis**, Professor of Internal Medicine-Nephrology, School of Medicine in University of Thessaly, Head of Nephrology Clinic, University Hospital of Larissa, (Larissa, Greece)

• **Dr. Skoutas Dimitrios, MD, PhD** Internal Medicine Physician -Specialist in Diabetes Mellitus, Scientific Director "Sarafianos" Private Hospital, Head of Pathological Sector of Rehabilitation Center "Anagenissi" (Thessaloniki, Greece)

• **Prof. Stabouli Stella**, Associate Professor in Pediatrics, 1st Department of Pediatrics, Aristotle University (Thessaloniki, Greece)

• **Dr. Tentzeris Ioannis**, Orthopaedic surgeon, Larissa

• **Prof. Trakatelli Christina, MD, PhD**, Assistant Professor of Internal Medicine, 3rd Department of Internal Medicine, Aristotle University, Thessaloniki, (Greece)

• **Prof. Tsapas Apostolos, MD, PhD, MSc**, Associate Professor of Medicine, Director of the Second Medical Department, Aristotle University Thessaloniki, (Greece)

• **Prof. Tselepis Alexandros, MD, PhD**, Professor of Biochemistry-Clinical Chemistry, Atherothrombosis Research Centre / Department of Chemistry, University of Ioannina (Greece)

• **Prof. Tsioufis Konstantinos, MD, FESC, FACC**, Professor of cardiology, National and Kapodistrian University of Athens, Greece, President of Hellenic society of Cardiology, President of European Society of Hypertension

**Prof. Vlachakos Dimitrios, Ph.D.**, Professor of Medicine and Nephrology, National Kapodistrian Athens University Medical School Director, Renal Unit, ATTIKON University Hospital, (Athens, Greece)

• **Prof. Zafeiriou Dimitrios, MD, PhD**, Professor in Child Neurology and Developmental Paediatrics Chair, 1st Department of Pediatrics "Hippokratio" General Hospital, Aristotle University, Thessaloniki, (Greece)

• **Prof. Zebekakis Pantelis**, Professor of Internal Medicine, Chairman of First Department of Internal Medicine, AHEPA University Hospital of Thessaloniki, (Greece)

• **Dr. Zerakis Nikolaos**, General Doctor, (Thessaloniki, Greece)

• **Dr. Zervos Nikolaos**, Internal Medicine Clinic, General Hospital of Grevena. (Grevena, Greece)

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**Certificate of attendance will be given to the participants that will attend more than 60% of the scientific program**



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Αναφέρετε  
ΟΛΕΣ τις ανεπιθύμητες ενέργειες για  
ΟΛΑ τα φάρμακα  
Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»**



Organizer:  
Working Group on Obesity, Diabetes and the High Risk Patient  
EUROPEAN SOCIETY OF HYPERTENSION



# 2020 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient

EUROPEAN SOCIETY OF HYPERTENSION

**30/4 -3/5/2020 - Chalkidiki, Greece**  
**Blue Lagoon Princess Hotel**

For further information please visit  
Site: [www.obesitydiabeteswg.eu](http://www.obesitydiabeteswg.eu) - [www.eshonline.org](http://www.eshonline.org)  
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