



Organizer:
Working Group on Obesity, Diabetes and the High Risk Patient
EUROPEAN SOCIETY OF HYPERTENSION



**2018 Meeting of the
Working Group on
Obesity, Diabetes and the
High Risk Patient
EUROPEAN SOCIETY OF HYPERTENSION**

**28-30 April 2018 - Chalkidiki, Greece
Blue Lagoon Princess Hotel**

For further information please visit
Site: www.obesitydiabeteswg.eu
Or send an e-mail to: obdiabwg@medcongress.gr



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SATURDAY APRIL 28

16.00-17.00 REGISTRATIONS

17.00-18.30 ROUND TABLE

Chairman: *Kotsis V. (Thessaloniki, Greece)*

How to measure early vascular ageing from ABPM

Antza X. (Thessaloniki, Greece)

Aspirin in patients with cardiovascular risk. When?

Grassos X. (Athens, Greece)

Clinical trials update: blood pressure control in the Balkan countries

Lovic D. (Nis, Serbia)

18.30-19.30 LECTURES

Chairman: *Karagiannis A. (Thessaloniki, Greece)*

Statin associated diabetes mellitus

Elisaf M. (Ioannina, Greece)

Obstructive sleep apnea and hypertension

Narkiewicz K. (Gransk, Poland)

19.30-20.30 Boehringer sponsored Satellite Symposium

Chairman: *Kotsis V. (Thessaloniki, Greece)*

Lecturer: *Bakatselos S. (Greece)*

20.30-21.30 Servier sponsored Satellite Symposium

Chairman: *Kotsis V. (Thessaloniki, Greece)*

Lecturer: *Limperopoulos E., Doulas M. (Greece)*

SUNDAY APRIL 29

10.00-10.45 ANTIHYPERTENSIVE TREATMENT

Chairman: *Nilsson P. (Malmo, Sweden)*

Refractory hypertension: diagnosis and treatment

Redon J. (Valencia, Spain)

Combination of drugs with multiple mechanisms of actions in cardiovascular research

Grassi G. (Milan, Italy)

10.45-12.00 **ROUND TABLE: TREATMENT OF DIABETES MELLITUS**

Chairman: *Chatziagelaki E. (Athens, Greece)*

Optimal treatment of gestational diabetes mellitus

Prof. Goulis D. (Thessaloniki, Greece)

Pathophysiology of type 2 Diabetes in Obesity

Finer N. (UK)

Guidelines for the management of diabetes

Nilsson P. (Malmo, Sweden)

Which is the second drug after metformin in diabetes. DDP 4 or SGLT- 2?

Papanas N. (Alexandroupolis, Greece)

12.00-13.00 **AZILSARTAN: WHY A NEW ANGIOTENSIN II ANTAGONIST IS USEFUL IN CLINICAL PRACTICE?**

Lecturer: *Kotsis V. (Thessaloniki, Greece)*

Sponsorship by Vianex

13.00-14.00 **ROUND TABLE: HOW TO TREAT?**

Chairman: *Van de Borne P. (Belgium)*

A patient with dyslipidemia and increased liver transaminases

Athyros V. (Thessaloniki, Greece)

Adolescent with white coat hypertension

Stabouli S. (Thessaloniki, Greece)

A patient with ischemic stroke and statin intolerance

Tziomalos K. (Thessaloniki, Greece)

Once or twice daily dosing with NOACs: Insights from a direct comparison between apixaban and rivaroxaban

Kreutz R. (Germany)

14.00-17.00 **LUNCH BREAK**

17.00-17.45 **ROUND TABLE: SMOKING, OBESITY**

Chairman: *Savopoulos C. (Thessaloniki, Greece)*

Quit Smoking: Can improve CV disease?

Kontakiotis T. (Thessaloniki, Greece)

Guidelines for the management of obesity

Toplak H. (Graz, Austria)

17.45-18.30 **ROUND TABLE: HOW TO TREAT?**

Chairman: **Chatzitolios A.** (Thessaloniki, Greece)

A 75-year-old patient with heart failure and anemia

Kaiafa G. (Thessaloniki, Greece)

A 65-year-old patient with hypertension and increased arterial stiffness

Van de Borne P. (Belgium)

A 70 years old hypertensive during and after acute stroke

Makaritsis K. (Larissa, Greece)

19.00-19.30 **MANAGEMENT OF HYPERTENSION IN DIABETES: WHAT DO META - ANALYSES SUGGEST?**

Chairman: **Zebekakis P.** (Thessaloniki, Greece)

Lecturer: **Zanchetti A.** (Milan, Italy)

19.30-20.35 **PRACTICE GUIDELINES FOR THE TREATMENT OF HYPERTENSION, DIABETES AND DYSLIPIDEMIA IN OBESE PATIENTS**

Chairman: **Nilsson P.** (Malmö, Sweden)

Lecturer: **Kotsis V.** (Thessaloniki, Greece)

MONDAY APRIL 30

10.00-11.00 **LECTURES**

Chairmen: **Athyros V.** (Thessaloniki, Greece), **Tsioufis K.** (Athens, Greece)

Hypertension and the brain

Coca A. (Barcelona, Spain)

Secondary hypertension

Gkaliagkousi E. (Thessaloniki, Greece)

11.00-12.00 **LECTURES**

Chairman: **Elisaf M.** (Ioannina, Greece)

Drug combinations in the treatment of hypertension

Kotsis V. (Thessaloniki, Greece)

How to treat: A 70-year-old patient with peripheral artery disease and hyperlipidemia, Michailidis D. (London, UK)

- 12.00-13.00 **Astra-Zeneca sponsored Satellite Symposium**
Chairman: *Chatziagelaki E. (Athens, Greece)*
Lecturer: *Kotsis V. (Thessaloniki, Greece)*
- 13.00-14.00 **Industry sponsored Satellite Symposium**
- 14.00-17.00 **LUNCH BREAK**
- 17.00-18.00 **LECTURES**
Chairman: *Goulis D. (Thessaloniki, Greece)*
- Obesity and Diabetes**
Micic D. (Belgrade, Serbia)
- Treatment of diabetes in obesity**
Chatziagelaki E. (Athens, Greece)
- 18.00-19.30 **HOW WE TREAT A PATIENT, WITH HEART FAILURE WITH REDUCED EF AND RESERVED EF**
Chairman: *Kotsis V. (Thessaloniki, Greece)*
Lecturer: *Papadopoulos C. (Thessaloniki, Greece)*
- 19.30-20.00 **ANTICOAGULANT THERAPY IN HIGH RISK PATIENTS WITH ATRIAL FIBRILLATION**
Lecturer: *Chatzis D. (Athens, Greece)*
- 20.00-21.30 **Industry sponsored Satellite Symposium**

