

# 2018 Meeting of the Working Group on Obesity, Diabetes and the High-Risk Patient of the European Society of Hypertension

April 28<sup>th</sup> – April 30<sup>th</sup>, 2018 Chalkidiki, Greece

Official Satellite symposium of the 2018 Barcelona ESH meeting

## Saturday April 28

**16.00-17.00 REGISTRATIONS**

**17.00-18.00 ROUND TABLE**

Chairmen: **Jelaković B.**, **Kotsis V.** (Thessaloniki, Greece)

- **How to measure early vascular ageing from ABPM Antza X.** (Thessaloniki, Greece)
- **Aspirin in patients with cardiovascular risk. When? Grassos X.** (Athens, Greece)

**18.00-18:30 CLINICAL TRIALS UPDATE**

**BLOOD PRESSURE CONTROL IN THE BALKAN COUNTRIES Dragan L.** (NIS, SERBIA)

**18.30-19.30 LECTURE**

Chairmen: **Karagiannis A.** (Thessaloniki, Greece), **Zancetti A.** (Milan, Italy)

- **Association between obesity, prehypertension and chronic kidney disease Jelaković B.** (Zagreb, Croatia)
- **Statin associated diabetes mellitus Elisaf M.** (Ioannina, Greece)
- **Obstructive sleep apnea and hypertension Narkiewicz K.** (Gransk, Poland)

**19:30-20:30 ANTICOAGULANT THERAPY IN HIGH RISK PATIENTS WITH ATRIAL FIBRILLATION**

Lecturer: **Chatzis D.** (Greece)

*Sponsorship by Pfizer Hellas*

**20:30-21:00 Boehringer sponsored Satellite Symposium**

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## Sunday April 29

### 10.00-10.45 ANTIHYPERTENSIVE TREATMENT

Chairman: **Nilsson P.** (Malmö, Sweden)

- **Refractory hypertension: diagnosis and treatment Redon J.** (Valencia, Spain)
- **Drug combinations in the treatment of hypertension Kotsis V.** (Thessaloniki, Greece)

### 10.45-12.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS

Chairman: **Chatziagelaki E.** (Athens, Greece)

- **Optimal treatment of gestational diabetes mellitus Prof. Goulis D.** (Thessaloniki, Greece)
- **Diabetes treatment in patients with chronic kidney disease Tsapas A.** (Thessaloniki, Greece)
- **Guidelines for the management of diabetes Nilsson P.** (Malmö, Sweden)
- **Which is the second drug after metformin in diabetes. DDP 4 or SGLT- 2? Papanas N.** (Alexandroupolis, Greece)

### 12.00-13.00 Astrazeneca sponsored Satellite Symposium

### 13.00-14:00 ROUND TABLE: HOW TO TREAT?

Chairman: **Van de Borne P.** (Belgium)

- **A patient with dyslipidemia and increased liver transaminases Athyros V.** (Thessaloniki, Greece)
- **A 15-year-old patient with white coat hypertension Stabouli S.** (Thessaloniki, Greece)
- **A patient with ischemic stroke and statin intolerance Tziomalos K.** (Thessaloniki, Greece)
- **Once or twice daily dosing with NOACs: Insights from a direct comparison between apixaban and rivaroxaban Kreutz R.** (Germany)

### 14.00-15:00 Servier sponsored Satellite Symposium

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### 15.00-17.00 LUNCH BREAK

### 17.00-17.45 ROUND TABLE: SMOKING, OBESITY

Chairman: **Savopoulos C.** (Thessaloniki, Greece)

- **Quit Smoking: Can improve CV disease? Kontakiotis T.** (Thessaloniki, Greece)
- **Guidelines for the management of obesity Toplak H.** (Graz, Austria)

### 17.45-18.30 ROUND TABLE: HOW TO TREAT?

Chairmen: **Chatzitoliou A.** (Thessaloniki, Greece)

- **A 75-year-old patient with heart failure and anemia Kaiafa G.** (Thessaloniki, Greece)
- **A 65-year-old patient with hypertension and increased arterial stiffness Van de Borne P.** (Belgium)
- **A 70 years old hypertensive during and after acute stroke Makaritsis K.** (Larissa, Greece)

### 18.30-19.00 GUIDELINES FOR HYPERTENSION TREATMENT IN CHILDREN AND ADOLESCENTS

Chairman: **Kotsis V.** (Thessaloniki, Greece),

Lecturer: **Lurbe E.** (Valentia, Spain)

### 19.00-19.30 MANAGEMENT OF HYPERTENSION IN DIABETES: WHAT DO META-ANALYSES SUGGEST?

Chairman: **Zebekakis P.** (Thessaloniki, Greece)

Lecturer: **Zanchetti A.** (Milan, Italy)

### 19.30-21.30 Elpen sponsored Satellite Symposium

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## Monday April 30

### 10.00-11.00 LECTURES...

Chairmen: **Redon J.** (Valentia, Spain), **Nilsson P.** (Malmö, Sweden)

- **Hypertension and the brain** **Coca A.** (Barcelona, Spain)
- **Secondary hypertension** **Gkaliagkousi E.** (Thessaloniki, Greece)
- **The importance of compliance to treatment in cardiovascular diseases** **Grammelis V.,** (Greece)

### 11.00-12.00 LECTURES...

- **Combination of drugs with multiple mechanisms of actions in cardiovascular research** **Grassi G.,** (Milan, Italy)
- **New drugs in obesity.** **Gordan J.,** (Hanover, Germany)
- **How to treat: A 70-year-old patient with peripheral artery disease and hyperlipidemia** **Michailidis D.** (London, UK)

12.00-13:00 Vianex sponsored Satellite Symposium

13.00-14:00 Industry sponsored Satellite Symposium

14.00-17.00 LUNCH BREAK

### 17:00-18:30 LECTURES...

Chairman: **Goulis D.** (Thessaloniki, Greece)

- **Obesity and Diabetes** **Dragan M.,** (Head, Center for Obesity Clinic for Endocrinology, Diabetes and Diseases of Metabolism Clinical Center of Serbia)
- **Pathophysiology of type 2 Diabetes in Obesity,** **Finer N.,** (UK)
- **Treatment of diabetes in obesity** **Chatziagelaki E.,** (Athens, Greece)

### 18:30-19:30 OBESITY AND THE HEART

Chairman: **Kotsis V.** (Thessaloniki, Greece)

- **Atrial fibrillation,** **Tsioufis K.**

19.30-20.30 Industry sponsored Satellite Symposium

20.30-21.30 Industry sponsored Satellite Symposium